





Skinny SuperDuo Band

©2012 Deborah Roberti



Easy bracelet made from seed beads, SuperDuo beads and Miyuki Tila beads. You can use full-sized Tila beads (top), Half Tila beads (middle) or Quarter Tila beads and Half Tila beads stacked together (bottom).

-  = seed bead
-  = Color1 SuperDuo bead
-  = Color2 SuperDuo bead
-  = Tila Bead

MATERIALS

(for a 7-inch bracelet, not including clasp)

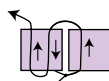
- 3 yards of 6 lb. FireLine
- About 175 size 11/0 seed beads
- About 24 Miyuki Tila beads (you can use full-sized Tila beads, Half Tila beads or Quarter Tila beads and Half Tila beads stacked together)
- About 22 Color1 SuperDuo beads
- About 22 Color2 SuperDuo beads
- clasp

STEP 1: Thread your needle with 3 yards of FireLine (or start with a length that you feel comfortable with and add more later).

Leaving about a 12-inch tail for attaching the clasp, string two Tila beads and tie them together in a double knot so that they are sitting side by side:

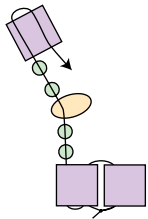


STEP 2: Go back up the left hole of the right Tila bead, down the right hole of the left Tila bead and up the left hole of the left Tila bead so that you are exiting out of the top left side of the left Tila bead:

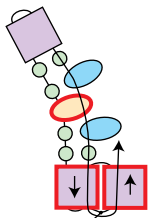


STEP 3: String two seed beads, a Color1 SuperDuo bead, two seed beads and a Tila bead.

Go around and back down through the right hole of the Tila bead that you just added:

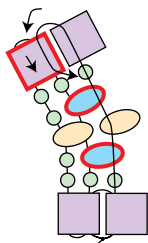


STEP 4: String a seed bead and a Color2 SuperDuo bead. Go down through the right hole of the Color1 SuperDuo bead highlighted in RED. String another Color2 SuperDuo bead and a seed bead. Go down through the right hole of the left Tila bead and then up the left hole of the right Tila bead that you strung in Step 1 (highlighted in RED):

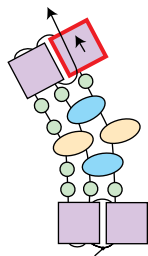


STEP 5: String a seed bead, go through the right hole of the Color2 SuperDuo bead highlighted in RED, string a Color1 SuperDuo bead, go through the right hole of the Color2 SuperDuo bead highlighted in RED, string a seed bead and a Tila bead.

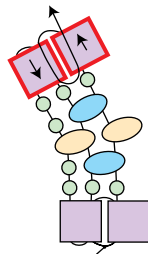
Go around and down through the right hole of the top left Tila bead highlighted in RED:



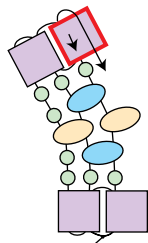
STEP 6: Go back up through the left hole of the Tila bead that you added in the last step (highlighted in RED):



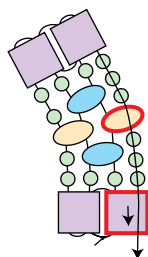
STEP 7: Go back around and down through the right hole of the left Tila bead and then back up the left hole of the Tila bead that you exited at the end of the last step (highlighted in RED):



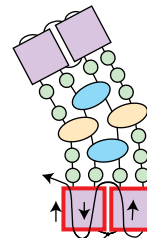
STEP 8: Go back down through the right hole of this same Tila bead (highlighted in RED):



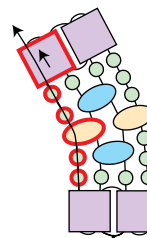
STEP 9: String three seed beads, go through the right hole of the Color1 SuperDuo bead highlighted in RED, string three more seed beads and go down through the right hole of the bottom right Tila bead highlighted in RED:



STEP 10: Go back up through the left hole of the right Tila bead (highlighted in RED), down through the right hole of the left Tila bead and then up through the left hole of this same left Tila bead so that you are exiting out of the top left hole of the left Tila bead (highlighted in RED):

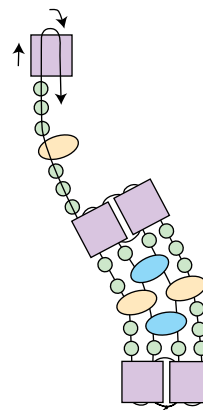


STEP 11: Go back up through the two seed beads, the left hole of the Color1 SuperDuo bead, the two seed beads and the left hole of the top left Tila bead (highlighted in RED):



STEP 12: String three seed beads, a Color1 SuperDuo bead, three more seed beads and a Tila bead.

Go around and back down through the right hole of the Tila bead that you just added:

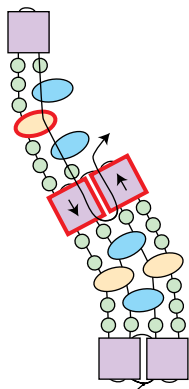


STEP 13: String a seed bead and a Color2 SuperDuo bead.

Go down through the right hole of the Color1 SuperDuo bead that you added in the last step (highlighted in **RED**).

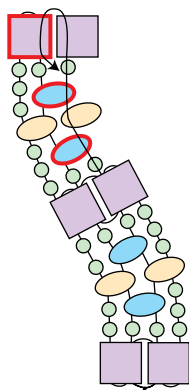
String another Color2 SuperDuo bead and a seed bead.

Go down through the right hole of the left Tila bead and then back up through the left hole of the right Tila bead (both Tila beads highlighted in **RED**):

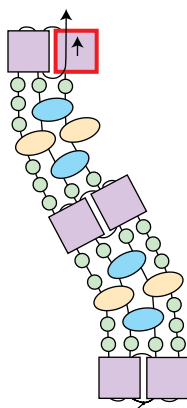


STEP 14: String a seed bead, go through the right hole of the Color2 SuperDuo bead highlighted in **RED**, string a Color1 SuperDuo bead, go through the right hole of the Color2 SuperDuo bead highlighted in **RED**, string a seed bead and a Tila bead.

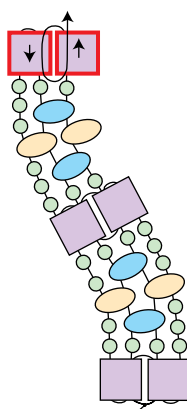
Go around and down through the right hole of the top left Tila bead highlighted in **RED**:



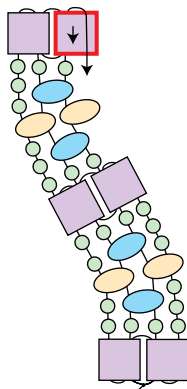
STEP 15: Go back up through the left hole of the Tila bead that you added in the last step (highlighted in **RED**):



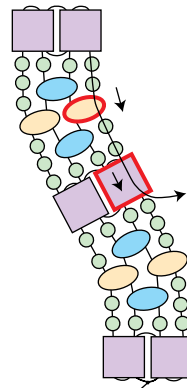
STEP 16: Go back around and down through the right hole of the left Tila bead and then back up the left hole of the right Tila bead that you exited at the end of the last step (highlighted in **RED**):



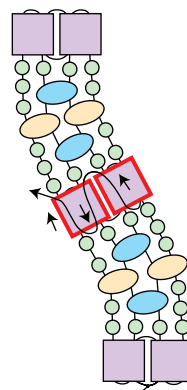
STEP 17: Go back down through the right hole of this same Tila bead (highlighted in **RED**):



STEP 18: String two seed beads, go through the right hole of the Color1 SuperDuo bead highlighted in **RED**, string two more seed beads and go down through the right hole of the Tila bead highlighted in **RED**:

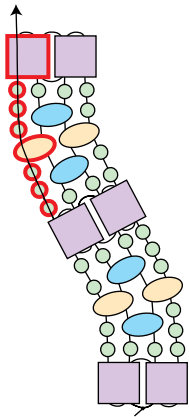


STEP 19: Go back up through the left hole of the right Tila bead (highlighted in **RED**), down through the right hole of the left Tila bead and then up through the left hole of this same left Tila bead so that you are exiting out of the top left hole of the left Tila bead (highlighted in **RED**):

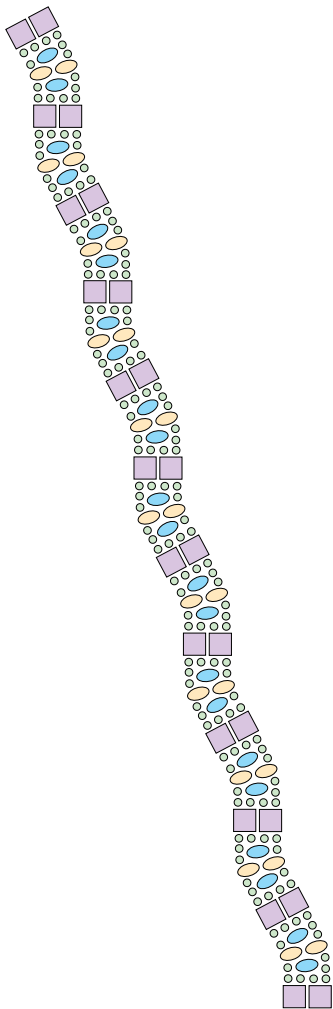


If you would like to be notified when new patterns are posted, go to AroundTheBeadingTable.com and click on the "Join the Mailing List" tab on the left to subscribe to my mailing list.

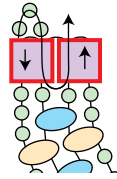
STEP 20: Go back up through the three seed beads, the left hole of the Color1 SuperDuo bead, the three seed beads and the left hole of the left Tila bead (all beads highlighted in **RED**):



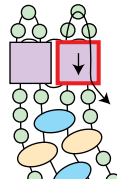
STEP 21: Repeat Step 3 to Step 20 until your bracelet is the length you want it, *minus* about a half inch *and* the length of your clasp:



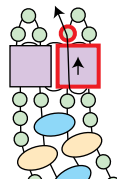
STEP 22: To attach one end of the clasp, string three seed beads, go back down through the right hole of the left Tila bead and up through the left hole of the right Tila bead highlighted in **RED**:



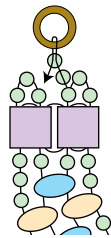
STEP 23: String three seed beads. Go down through the right hole of the right Tila bead (highlighted in **RED**):



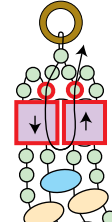
STEP 24: Go back up through the left hole of the right Tila bead and the seed bead highlighted in **RED**:



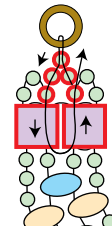
STEP 25: String two seed beads. Go through the clasp and then back down through the last seed bead that you just strung:



STEP 26: String another seed bead. Go down and around through the seed bead and the right hole of the left Tila bead highlighted in **RED**, and then up through the left hole of the right Tila bead and the seed bead highlighted in **RED**:



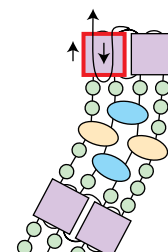
STEP 27: Go back around through the beads highlighted in **RED** and the clasp several times:



Weave back into the bracelet, knot in several places and then cut your thread.

STEP 28: To attach the clasp to the other end of your bracelet, thread your needle with the tail thread from Step 1.

Go down and then up through the Tila bead highlighted in **RED** so that you are exiting out of the top left side of the top left Tila bead:



Repeat Steps 22-27.

Many more **FREE** patterns on my website here:
<https://www.aroundthebeadingtable.com/Tutorials/>